Institute for Continuing Formation



34TH ANNUAL PROGRAMME AND FINANCIAL REPORT

PROJECT TITLE: ONGOING FORMATION OF RELIGIOUS MEN AND WOMEN AND DIOCESAN CLERGY JULY 2024 – JUNE 2025, ICF GHANA

VROOMDORP (PEACE – AVENUE) ELMINA, GHANA
JULY 2024 – JUNE 2025



INSTITUTE FOR CONTINUING FORMATION

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34TH ANNUAL REPORT: JULY 2024 – JUNE 2025

Introduction

The Institute for Continuing Formation (ICF), (Peace – Avenue)-Elmina, as usual, received both divine and human blessings throughout the year under review. We give thanks to God and to all our stakeholders. We now present to you the 34th Annual Report of ICF, July 2024 – June 2025.



Institute for Continuing Formation building at Elmina

The Institute is grateful to the Board of Directors of ICF. The members are: Rev. Fr. Paul Saa-Dade Ennin, SMA, Board Chairperson; Rev. Fr. Vitus Mensah OFM COV., Sr. Francisca Damoah, SIJ, Sr. Christina Doggu, HHCJ and Bro. Emmanuel Affum, SVD. The Board continues to see to the affairs of the Institute and accompany the institute in its effort to contextualise itself qualitatively.

Institute Staff

- Administrative Staff

Brother Emmanuel Affum, SVD, is the Director of the Institute.

- Ancillary Staff

We are grateful to our ancillary staff for the contribution they make to the quality of our lives here at ICF. Mrs. Mercy Moses Amamoo and Miss Agnes Koomson continue to be the team for our kitchen services. Mr. Kwabena Adu is our night watchman (security). Miss Clare Pearson, our secretary, continued her secretarial services to the Institute. Mr. Thomas Afful, the driver, has provided remarkable services to the Institute. Ms. Rose Mary Annan is assisting with housekeeping services and Mr. Robert Andoh is also assisting in keeping the compound and garden.

Benefactors

Major donors have been the following:

Missio Achen

Conrad Hilton Foundation

The Conference of Men and Women Religious of Ghana.

The congregations that send their members to the institute also contribute some amount in fees.

We are grateful to all our donors who continue to make our ICF dream a reality.

NB: This year we did not get any financial support from Missio.

GRATITUDE TO CONRAD HILTON FOUNDATION

We continue to thank Conrad Hilton Foundation for supporting the Institute for these years' programme. Without the help of Conrad Hilton Foundations, the Institute would not have thrived and survived. The Institute and its beneficiaries will always remain grateful to Conrad Hilton Foundation. We also cannot overlook the efforts of those men and women who had the foresight to establish the Institute. We say "thank you" to them all – those who are still with us and those who may have preceded us in attaining God's glory. To all who have supported us, we say THANK YOU.

PROGRAMME ACTIVITIES OF THE YEAR

The Institute for Continuing Formation continues in its attempt to be a trusted source of formation-ministry preparation. Our programmes continue to remind us of the original purpose for which the Institute for Continuing Formation was founded: to create space, time and opportunity for religious Men and Women and Diocesan Priest to discern and deepen their commitment to this way of life. Since the institute was founded every programme organized helps us realize the vision and purpose of the institute's foundation.

1. REPORT ON "FORMATION SKILLS FOR TODAY PROGRAMME. 13TH SEPTEMBER 2024 TO 27TH SEPTEMBER 2024

The Participants of the "Formation Skills for Today Programme

There were 14 participants at this Programme. We thank the participants and the respective Congregations for the contribution and participation in this very important programme.



<u>Participants</u>	<u>Congregation</u>	Country
1. Sr. Mary Adu Acheampong	Daughters of the Most Blessed Trinity	Ghana
2. Sr. Christiana Nkrumah	Daughters of the Most Blessed Trinity	Ghana
3. Sr. Paschaline Angsotinge	Franciscan Missionaries of Mary	Ghana
4. Sr. Cynthia Monica Anabire	Franciscan Missionaries of Mary	Ghana

5. Sr. Delphina Duncan	Society of the Infant Jesus	Ghana
6. Sr. Margaret Therese Blay	Society of the Infant Jesus	Ghana
7. Sr. Paula Urszula Kozlowska	Sisters of the Holy Family of Nazareth	Poland
8. Sr. Angelina Anna Jolanta Fafara	Sisters of the Holy Family of Nazareth	Poland
9. Sr. Ma. Margaret Animah Opoku	Religious of the Virgin Mary	Ghana
10. Fr. Daniel Okunor Narh	Society of the Divine Word	Ghana
11. Sr. Dorothy Sedinam Kporyi	Congregation of the Servants of the Holy Sp	oirit- Ghana
12. Fr. Habimana Jean-Claude	Missionaries of Africa	Rwanda
13. Sr. Belinda Bawa	Handmaid of the Holy Child Jesus	Ghana
14. Sr. Esther Shebi	Marian Sisters of the Eucharistic Love	Nigeria

COURSES & EVENTS

FACILITORS

1.	What is Formation?	Br. Joseph Tsiqueye, CSC
2.	Formation for mission	Br. Emmanuel Affum, SVD
3.	Walking with Formatees	Br. Emmanuel Affum, SVD
4.	Inter-cultural community living	Br. Emmanuel Affum, SVD
5.	Report writing & evaluating Formatees	Br. John Badu Affum, CSC
6.	Formation planning and development	Fr. Moses Arthur, ofm. Conv.
7.	Relationships, anger and conflict	Fr. Alfons Amanor, SVD
8.	Self-care for the Formator	Br. Joseph Tsiqueye, CSC
9.	Accompaniment	Br. Emmanuel Affum, SVD
10.	Eucharist	Community
11.	Morning and Evening Prayer	Community
12.	Games	Community

2. REPORT ON "TEMPORARY PROFESSED PROGRAMME. 5TH OCTOBER 2024 TO 16TH DECEMBER 2024

In all there were 14 participants. We thank the participants and their respective Congregations for their contribution

and participation in this very important programme.



Picture of Participants

Congregation	Country
Franciscan Missionaries of Mary	GHANA
Franciscan Missionaries of Mary	GHANA
Franciscan Missionaries of Mary	GHANA
Marian Sisters of the Eucharistic Love	GHANA
Sisters of Mary Mother of the Church	GHANA
Sisters of Mary Mother of the Church	GHANA
Sisters of Mary Mother of the Church	GHANA
Sisters of the Incarnate Word	GHANA
Handmaid of the Divine Redeemer	GHANA
Handmaid of the Divine Redeemer	GHANA
Daughters of the Most Blessed Trinity	GHANA
Daughters of the Most Blessed Trinity	GHANA
Daughters of the Most Blessed Trinity	GHANA
Daughters of the Most Blessed Trinity	GHANA
	Franciscan Missionaries of Mary Franciscan Missionaries of Mary Franciscan Missionaries of Mary Marian Sisters of the Eucharistic Love Sisters of Mary Mother of the Church Sisters of Mary Mother of the Church Sisters of Mary Mother of the Church Sisters of the Incarnate Word Handmaid of the Divine Redeemer Handmaid of the Divine Redeemer Daughters of the Most Blessed Trinity Daughters of the Most Blessed Trinity

List of Courses and Facilitators—Temporary Professed Programme: 5th October 2024–16th December 2024

COURSES	FACILITATORS
Consecrated Life and the Vows	Br. Joseph Tsiquaye CSC
Reclaiming the Inner Child	Sr. Brigid Andoh SSL
Sacred Story	Sr. Brigid Andoh SSL
Sexuality	Fr. Anthony Asuh, OFM Conv
Living Religious Life in Africa	Br. Emmanuel Affum, SVD
Journaling	Br. Emmanuel Affum, SVD
Cultural Aspects of Community Life	Fr. Alfons Amanor SVD
Communication and Community	Fr. Alfons Amanor SVD
Dreams	Fr. Alfons Amanor, SVD
Anger Management	Fr. Nicholas Aazine, SVD
Stress Management	Br. Francis Verye, FMS
Conflict Management	Fr. Nicholas Aazine, SVD
Self-Awareness/growth	Br. Emmanuel Affum, SVD
Bereavement& Grief Management	Br. Francis Verye, FMS
Human Development	Fr. Anthony Asuh, OFM Conv
Spirituality and Prayer Forms	Bro. John Badu Affum, CSC
Discernment in Religious Life	Fr. Gustav Kpeyibor, SJ
Addictions	Br. Francis Verye, FMS
Congregational Story days	Staff

3. REPORT ON "FORMATION OF FORMATORS PROGRAMME. 5TH OCTOBER 2024 TO 25 JUNE 2025.

There were 10 participants at this Programme. We thank the participants and the respective Congregations for the contribution and participation in this very important programme.



NAMES	CONGREGATION	<u>COUNTRY</u>	
1. Sr. Pramila D' Souza	Salesian Missionaries of Mary Immaculate	INDIA	L
2. Sr. Millicent Afeadi	Sisters of Mary Mother of the Church	GHAN	JA
3. Sr. Nathalia Zoba	Sisters of Mary Immaculate	GHAN	JA
4. Sr. Genevieve Nen- nome	Sisters of Mary Immaculate	GHAN	NΑ
5. Sr. Genevieve Segkpeb	Sisters of St. Louis	GHA	NA
6. Fr. Yavo Doffov Jean Benjamin	Order of Friars Minor	IVORY	COAST
7. Br. Joachim Ngor Faye	Hospitaller Order of the Brothers of St. John	n of God	SENGAL
8. Br. John Mwamba	Hospitaller Order of the Brothers of St. John	n of God	ZAMBIA
9. Br. Aaron Nee-eru Bro	others of the Immaculate Conception of the B	lessed Virgin	GHANA
10. Sr. Maria Chekwubechukwu Okw	yuaka Sisters of the Immaculate Heart of M	lary NIC	GERIA

FACILITATORS

1. Sr. Brigid Nancy Andon, SSL	6. Fr. Cyprian Kuupol, SVD
2. Sr. Josephine Gyamfi Appiagyei SSL	7. Fr. Nicholas Azine SVD
3. Sr. Benedicta Boakye Yiadom SSL	8. Fr. Emmanuel Azure, SVD
4. Br. Emmanuel Affum, SVD	9. Fr. David Selasie, SVD
5. Fr. Alfons Amanor, SVD	10. Br. John Badu Affum, CSC

11. Br. Joseph Tsiquaye, CSC

12. Br. Francis Verye, FMS

13. Fr. Charles Amoah, OFM Conv

14. Fr. Anthony Asuh, OFM Conv.

15. Fr. Moses Arthur, OFM Conv.

16. Fr. Gustav SJ

17. Fr. Emmanuel Richard Mawusi, Diocesan

18. Most Rev. Emmanuel Fianu, SVD

19. Sr. Juliana Agboso, SSPS

COURSE OUTLINE

Accompaniment

Addiction

Anger/Stress/Bereavement Management Assessing a Vocation and Report Writing

Basic Counselling Skills Blocks in Formation

Canon Law and Religious Life

Christian Psychology

Christology

Communication in Community Life

Commitment and Dedication

Congregation Story

Consecrated Life and the Vows Cultural Aspects of Community Life Debriefing of Formation Immersion

Directed Retreat Discernment Ecclesiology

Eucharist and Liturgy Formation and Boundaries

Formation Immersion Formation for Mission Human Development

IMMERSION

Journaling, Prayer and Spirituality

Leadership

Living Religious Life in Africa

Methodology Missiology Orientation

Planning of Formation Profile and Calendar Prayer and Spirituality: Images of God Prayer and Spirituality: Stages of Faith

Development

Prayer and Spirituality: Prayer Forms

Psychology of Ending

Recollection Retreat Sacred Story

Self-care of the Formator Scripture (NT and OT)

Scandals in the Church

Sexuality

Skills for Effective Community Meeting

Spiritual Direction

Transitions in Religious Life

The Inner Child

Walking with Formatees What is Formation?

4. REPORT ON "TEMPORARY PROFESSED PROGRAMME. 8TH JANUARY 2025 TO 22ND MARCH 2025

There were 13 participants at this Programme. We thank the participants and the respective Congregations for the contribution and participation in this very important programme.



Names	Congregation	Country
1. Sr. Grace Ateriyine Atazina	Franciscan Missionaries of Mary	GHANA
2. Sr. Gloria Pengmaah	Franciscan Missionaries of Mary	GHANA
3. Sr. Rebecca Dery	Franciscan Missionaries of Mary	GHANA
4. Sr. Dorothy Amankwaa	Sisters of the Incarnate Word	GHANA
5. Sr. Mary Korkor	Sisters of the Incarnate Word	GHANA
6. Sr. Epiphanie Vedzo	Sisters of the Incarnate Word	GHANA
7. Sr. Felicia Agbe Mawutorwu	Sisters of Mary Mother of the Church	GHANA
8. Sr. Patience Aveti	Society of the Infant Jesus	GHANA
9. Sr. Catherine Khaki	Society of the Infant Jesus	GHANA
10. Sr. Margaret Frimpomaa Nyame	Congregation of the Servants of the Holy Spirit	GHANA
11. Sr. Vivian Ama Addo	Congregation of the Servants of the Holy Spirit	GHANA
12. Sr. Audrey Magdalene Kandose	Marian Sisters of the Eucharistic Love	GHANA
13. Sr. Nayabri Joanna Bitaba	Marian Sisters of the Eucharistic Love	GHANA

List of Courses and Facilitators—Temporary Professed Programme: 8th January 2025 to 22nd March 2025

COURSES	FACILITATORS
Consecrated Life and the Vows	Br. Joseph Tsiquaye, CSC
Consecrated Life and Community	Fr. Alfons Amanor, SVD
Reclaiming the Inner Child	Br. Emmanuel Affum, SVD
Sacred Story	Br. Emmanuel Affum, SVD
Sexuality	Br. David Kwaw OFM Conv
Living Religious Life in Africa	Br. Emmanuel Affum, SVD
Journaling	Br. Emmanuel Affum, SVD
Communication and Community	Fr. Alfons Amanor, SVD
Dreams	Fr. Alfons Amanor, SVD
Stress Management	Fr. Nicholas Aazine, SVD
Grief Issues	Fr. Nicholas Aazine, SVD
Conflict	Fr. Nicholas Aazine, SVD
Anger Management	Fr. Nicholas Aazine, SVD
Self-Awareness/growth	Br. Emmanuel Affum, SVD
Human Development	Br. David Kwaw OFM Conv
Spirituality and Prayer Forms	Bro. John Badu Affum, CSC
Images of God	Bro. John Badu Affum, CSC
Discernment in Religious Life	Br. Joseph Tsiquaye, CSC
Canon Law	Fr. Emmanuel Azure, SVD
Child Protection and Safeguarding Minors	Sr. Benedicta Boakye Yiadom, SSL
Addictions	Bro. Emmanuel Affum, SVD
Congregational Story days	Bro. Emmanuel Affum, SVD
Leadership	Bro. Emmanuel Affum, SVD
Who is Jesus for you today?	Bro. John Badu Affum, CSC

5. REPORT ON "AGING GRACEFULLY PROGRAMME. 5TH MAY 2025 TO 16TH MAY 2025

There were 11 participants at this Programme. We thank the participants and the respective Congregations for the contribution and participation in this very important programme.



Names	Congregation	Country
.1. Sr. Faustine Joan Ntem	SMMC .	Ghana
2. Sr. Mary Paintsil	SIJ	Ghana
3. Sr. Lawrencia Takyi	SIJ	Ghana
4. Sr. Georgina Yeboah	SIJ	Ghana
5. Sr. Philsy Maria	CHF	India
6. Sr. Tessy Kodiyil	CHF	India
7. Sr. Scholastica Elizabeth Ampadu	CSC	Ghana
8. Sr. Anne Okafor	OP	Nigeria
9. Sr. Joana Amma Agboste	HSC	Ghana
10. Sr. Celestina Nkibrukum	SDLM	Ghana
11. Sr. Gladys Mary Boakye	FST	Ghana

6. REPORT ON "AGING GRACEFULLY PROGRAMME. 19TH MAY 2025 TO 30TH MAY 2025

There were 11 participants at this Programme. We thank the participants and the respective Congregations for the contribution and participation in this very important programme.



Names	Congregation	Country
1. Sr. Cynthia Kabaya,	FMM	Ghana
2. Sr. Martha Kello,	FMM	Ghana
3. Sr. Anne Donir,	FMM	Ghana
4. Sr. Delphine Zoomie,	SMI	Ghana
5. Sr. Clare Taalo,	SMI	Ghana
6.Sr. Justina Dery,	SMI	Ghana
7.Sr. Marian Stella Conney,	SHCJ	Ghana
8.Sr. Matilda Kaduah Amoah,	SMI	Ghana
9.Sr. Christiana Noegaaba,	SCI	Ghana
10. Sr. Esther Adzah,	SSL	Ghana
11. Sr. Elizabeth Abrafi,	SMI	Ghana

List of Courses and Facilitators— Aging Gracefully programme 19th May 2025 TO 30th May 2025

COURSES FACILITATORS

Aging Gracefully—Planning for the future Bro. David Kwaw Mensah, OFM Conv.

Anger, Grief, Stress, Bereavement, Conflict

Bro. Joseph Tsiquaye, CSC

Issues in Mid– Life—Holistic Approach to dealing with crises

Bro. Joseph Tsiquaye, CSC

Transition in Religious Life. Bro. Emmanuel Affum, SVD

7. REPORT ON "AGING GRACEFULLY PROGRAMME. 2ND JUNE 2025 TO 13TH JUNE 2025

There were 10 participants at this Programme. We thank the participants and the respective Congregations for the contribution and participation in this very important programme.



Names	Congregation	Country
1. Sr. Victoria Quagraine,	SIJ	Ghana
2. Sr. Cecilia Appiah,	HDR	Ghana
3. Sr. Rita Teye,	HDR	Ghana
4 Sr. Gertrude Denkabe,	SHCJ	Ghana
5. Sr. Georgina Brenya,	ННСЈ	Ghana
6. Sr. Angela Kyeraa Manu,	ННСЈ	Ghana
7. Sr. Margaret Afful,	HSC	Ghana
8. Sr. Judith Pierina Amivi Segla,	NDE	Ghana
9. Sr. Mabel Abayol,	SSND	Nigeria
10. Irene Brookman Arthur,	SSND	Ghana

List of Courses and Facilitators—Aging Gracefully programme 2nd June 2025 TO 13th June 2025

COURSES FACILITATORS

Aging Gracefully—Planning for the future Bro. David Kwaw Mensah, OFM Conv.

Anger, Grief, Stress, Bereavement, Conflict Bro. Joseph Tsiquaye, CSC

Issues in Mid-Life—Holistic Approach to dealing with crises

Bro. Joseph Tsiquaye , CSC

Transition in Religious Life.

Bro. Emmanuel Affum, SVD

GRATITUDE

We are grateful to Conrad Hilton Foundation for the support of our Programmes. Without the financial backing of the Conrad Hilton Foundation, our programmes could not continue. We pray for all at Conrad Hilton Foundation and for the American People who so generously give to support ICF.

We are extremely grateful to the Major Superiors and Bishops and particularly to those who released their members to the institute to help make these Programmes possible. We thank you for the financial support many of you are able to give.

We are most grateful to all those mentioned above who have formed an integral part of this year's programmes. We are truly privileged to have such wealth among us in the form of facilitators and spiritual guides. They make the difference in presenting on-going formation that is vivid and contextualised.

CONCLUSION

In conclusion, we cannot but repeat that ICF is truly a "Sacred Space for Growing". We experience this over and over again as we offer programmes and experiences that open our participants to a God who continually calls us to ongoing personal transformation. Our entire programme leans towards holistic life and living with special emphasis on personal transformative spirituality, which will hopefully and eventually be passed on to others.

Factual knowledge is important but more important is what happens to us in the process of learning. Are we becoming the person God has created us to be, the community that God has created us to be?

It has been a blessed year for all of us here at ICF. We are grateful to God, to Staff, to Participants, to Board of Directors, to Facilitators, to Neighbours, to the Conference of Major Superiors in Ghana, to the Bishops of Ghana, to Conrad Hilton Foundation, and all who have helped us to continue at this "Sacred Space for Growing". You have supported us in so many ways. For all these ways, we are most grateful. May God continue to richly bless you in your ministry and may God also bless all your members as they go about being the hands and feet of Jesus in our world.

Thank you so much for your continued support. Keep on praying for us.

Sincerely yours,

Brother Emmanuel Affum, SVD

Director